

This report contains the collective views of an international group of experts and does not necessarily represent the decisions or the stated policy of the World Health Organization.

WORLD HEALTH ORGANIZATION
TECHNICAL REPORT SERIES

No. 149

JOINT FAO/WHO
EXPERT COMMITTEE ON
NUTRITION

Fifth Report

	Page
1. Introduction	3
2. Staffing changes	5
3. Joint conferences and committees	5
4. Nutrition services	7
5. Requirements for calories	8
6. Requirements for proteins	9
7. Food consumption and planning	10
8. Supplementary feeding	14
9. Food technology	16
10. Food additives	18
11. Protein malnutrition and preventive measures	19
12. Beriberi	25
13. Pellagra	27
14. Endemic goitre	28
15. Nutrition and anaemia	29
16. Nutritional disorders of the eye with special reference to avitaminosis A	32
17. Nutrition and infection	35
18. Criteria for assessing the state of nutrition and food consumption of population groups	37
19. Diet and atherosclerosis	38
20. Education and training in nutrition	40
21. Nutrition in maternal and child health programmes	46
22. Anthropometry applied to nutrition	49
23. Calcium intakes and strontium 90	49
24. Organization and evaluation of programmes	51
Annex. FAO Technical Assistance Programme in nutrition and food technology	53

WORLD HEALTH ORGANIZATION

PALAIS DES NATIONS

GENEVA

1958